



Age Concern Birmingham
is now
Age Connects West Midlands.

While our name has changed, our services, values, staff, and commitment to supporting our communities remain exactly the same.

The new name better reflects who we are today – a modern charity bringing people and communities together and celebrating ageing as a positive part of life.

Thank you for your continued support. If you have any questions, please speak to a member of the team.



Follow us on social media

www.facebook.com/ageconnectswm/
www.instagram.com/ageconnectswm/
www.tiktok.com/@ageconnectswm

Telephone: 0121 362 3650

Email: hello@ageconnectswm.org.uk

Moorfield Hall

SEPTEMBER

What's On September 2026



**Moorfield Hall, Hartshill Road, Shard End,
Birmingham, B34 6QX**

Moorfield Hall is run and managed for the whole community by local independent charity Age Connects West Midlands

**Moorfield Hall Daycare service available Monday - Friday
Excluding Bank Holidays**

Telephone: 0121 362 3650

Daycare Team mobile: 07852 577273

Email: daycare@AgeConnectsWM.org.uk

Monday

CleanUp UK Litter Picking Hub: 10.00am -12.00pm

Join your local litter picking team and help keep Shard End clear of rubbish. You can borrow all the equipment you need for your litter-picking adventures

Dementia Café: 3.30pm - 4.30pm - Weekly

A warm and welcoming space for people living with dementia and those supporting them. Enjoy friendly conversation and meaningful activities in a relaxed, safe environment. A chance to meet others, build connections and access support in a comfortable, understanding environment.

Tuesday

Age Connects West Midlands Information & Advice: 2pm-5pm - 1st September

Need advice? Pop in and see an Advisor

Moorfield Social Group: 4pm-6:30pm

Come along to our over-50's social group - a warm, relaxed space to chat, connect and enjoy good company

Connections - free activities for anyone aged 50 plus: 3:30pm-4:30pm

Join us daily for an hour of social time & activities with your local connections worker

Wednesday

Connections - free activities for anyone aged 50 plus: 3:30pm-4:30pm

Join us daily for an hour of social time & activities with your local connections worker

Thursday

Connections - free activities for anyone aged 50 plus: 3:30pm-4:30pm

Join us daily for an hour of social time & activities with your local connections worker

Friday

Birmingham Carers Hub - Drop In: 10am-12pm

Our Carers Support Group offers a compassionate space where carers can take a breather, share experiences and get emotional support from people who truly understand what being a Carer is all about

Seated exercise: 11:00 - 11:45am

Enjoy some movement to music, feel energised and relaxed amongst good company

Tai Chi/Armchair Exercises: 3.30pm - 4.30pm - Weekly

Join us for seated tai-chi/armchair exercises, perfect for all abilities, these gentle movements are a great way to stay active, boost confidence and enjoy exercising in a safe, friendly setting.

Lunch Club/Fish and Chip Club : 1pm - 2pm - Weekly

Join us for fish, chips and company. A relaxed space to chat, connect with others and enjoy good food in a welcoming environment. £6.00 for lunch only or £7.50 to follow with a tasty dessert. **Booking is essential - call 0121 426 1820**