



Age Concern Birmingham  
is now  
**Age Connects West Midlands.**

While our name has changed, our services, values, staff, and commitment to supporting our communities remain exactly the same.

The new name better reflects who we are today – a modern charity bringing people and communities together and celebrating ageing as a positive part of life.

Thank you for your continued support. If you have any questions, please speak to a member of the team.



**Follow us on social media**

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[www.tiktok.com/@ageconnectswm](https://www.tiktok.com/@ageconnectswm)

**Telephone:** 0121 362 3650

**Email:** [hello@ageconnectswm.org.uk](mailto:hello@ageconnectswm.org.uk)

# Moorfield Hall

## AUGUST

**What's On**  
**August 2026**



**Moorfield Hall, Hartshill Road, Shard End,  
Birmingham, B34 6QX**

Moorfield Hall is run and managed for the whole community by local independent charity Age Connects West Midlands

**Moorfield Hall Daycare service available Monday - Friday  
Excluding Bank Holidays**

Telephone: 0121 362 3650

Daycare Team mobile: 07852 577273

Email: [daycare@AgeConnectsWM.org.uk](mailto:daycare@AgeConnectsWM.org.uk)

## Monday

**CleanUp UK Litter Picking Hub: 10.00am -12.00pm**

Join your local litter picking team and help keep Shard End clear of rubbish. You can borrow all the equipment you need for your litter-picking adventures

**Dementia Café: 3.30pm - 4.30pm - Weekly**

A warm and welcoming space for people living with dementia and those supporting them. Enjoy friendly conversation and meaningful activities in a relaxed, safe environment. A chance to meet others, build connections and access support in a comfortable, understanding environment.

## Tuesday

**Age Connects West Midlands Information & Advice: 2pm-5pm - 4<sup>th</sup> and 18<sup>th</sup> only**

Need advice? Pop in and see an Advisor

**Moorfield Social Group: 4pm-6:30pm**

Come along to our over-50's social group - a warm, relaxed space to chat, connect and enjoy good company

**Connections - free activities for anyone aged 50 plus: 3:30pm-4:30pm**

Join us daily for an hour of social time & activities with your local connections worker

## Wednesday

**Connections - free activities for anyone aged 50 plus: 3:30pm-4:30pm**

Join us daily for an hour of social time & activities with your local connections worker

## Thursday

**Connections - free activities for anyone aged 50 plus: 3:30pm-4:30pm**

Join us daily for an hour of social time & activities with your local connections worker

## Friday

**Birmingham Carers Hub - Drop In: 10am-12pm**

Our Carers Support Group offers a compassionate space where carers can take a breather, share experiences and get emotional support from people who truly understand what being a Carer is all about

**Seated exercise: 11:00 - 11:45am**

Enjoy some movement to music, feel energised and relaxed amongst good company

**Tai Chi/Armchair Exercises: 3.30pm - 4.30pm - Weekly**

Join us for seated tai-chi/armchair exercises, perfect for all abilities, these gentle movements are a great way to stay active, boost confidence and enjoy exercising in a safe, friendly setting.

**Lunch Club/Fish and Chip Club : 1pm - 2pm - Weekly**

Join us for fish, chips and company. A relaxed space to chat, connect with others and enjoy good food in a welcoming environment. £6.00 for lunch only or £7.50 to follow with a tasty dessert. **Booking is essential - call 0121 426 1820**